

Roy C. Ketcham High School

Health Education

Teacher: Ms. Elena Champagne

B.S. Health Education, M.S. Study in Child and Adolescent Psychology

Email Address - elena.champagne@wappingersschools.org

Course Description: Semester Course .5 credits

NOTE: Health Education is a mandated course/graduation requirement.

You must pass this course in order to graduate high school in New York State.

Course Outline

The curriculum for this course empowers students to make positive health choices and maintain healthy behaviors now and in the future. Leading a healthy lifestyle is ultimately a matter of personal choice and personal responsibility. The overall focus is to minimize disease, injury, and the risks of death, while maximizing your quality of life. Remember, you are in control of and responsible for your physical, mental & social well being.

Attendance Policy

Students are required and expected to attend class every school day on a regular basis.. The attendance policy has been determined by the Wappingers Central School District and we will be following that strictly. ANY concerns, conflicts or questions should be IMMEDIATELY addressed to me (your teacher). If you know you are going to be absent for any length of time please let me know as soon as possible.

Assignments

Homework and class assignments will be given in class and also posted with due dates on google classroom. If there are any serious circumstances that interfere with your ability to submit assignments on time, you need to be in contact with me (your teacher) immediately for discussion and review of flexibility.

Use google classroom to access assignments when you are absent.

Hard copies of homework and classwork assignments will be given out and collected/checked in class for grades. (A transition to going paperless and doing assignments on google classroom may also be a possibility at some point)